



¡VIVA! LA CULTURA LATINA

The Hispanic/Latino culture and its wonders are celebrated around the entire United States of America. People of all ages and cultures enjoy the tasty food dishes, music, different languages, and holiday traditions that have been passed down from generation to generation. This culture is also well known for the hospitality and happiness of its people.

GATHER YOUR GIRL SCOUT FRIENDS AND LET'S DISCOVER, CONNECT, AND TAKE ACTION!

DISCOVER: Girls understand themselves and their values and use their knowledge and skills to explore the world.

CONNECT: Girls care about, inspire, and team with others locally and globally.

TAKE ACTION: Girls act to make the world a better place.

To earn the ¡Viva! La Cultura Latina Patch, you will need to complete a certain number of activities per each **Discover**, **Connect**, and **Take Action** section.

DAISIES:
Complete 1 activity from each section



BROWNIES AND JUNIORS:
Complete 2 Discover and Connect activities and 1 from Take Action



CADETTES, SENIORS, AMBASSADORS:
Complete 3 Discover and Connect activities and 1 Take Action



After you've completed this program kit, you can visit our GSGI Retail Shops to purchase your patch.



DISCOVER (DESCUBRE)

LEARN SOME SPANISH

Some helpful words to learn:

Numbers 1-50

Months of the year

Days of the week

Ten colors

Names of ten animals

TAKE THE MYSTERY OUT OF HISTORY

Learn about two famous Latina/Hispanic women in U.S. history. Learn about their lives, family, struggles and obstacles they had to overcome to reach their goals.

WHAT'S THAT MEAN?

Learn the differences between the terms Hispanic and Latina/o.

READ A BOOK

Visit your local library and explore the bilingual books section. Find a book in Spanish and give your Spanish skills a try!

Here are some beginner's level books to explore:

- *How Do You Say? / ¿Cómo Se Dice?* by Angela Dominguez
- *Margot The frog/Juana la Rana* by Lydia Diaz Arce
- ▲ *The Boy Who Touched the stars/ El Niño Que Alcanzó las Estrellas* by José Moreno Hernández
- ▲ *Stef Soto, Taco Queen* by Jennifer Torres
- *From North to South/Del Norte al Sur* by Rene Colato Lainez
- *Book Fiesta!* by Pat Mora

WATCH A SHOW OR MOVIE IN SPANISH

Examples:

Bob Esponja (SpongeBob SquarePants)

La Patrulla Canina (Paw Patrol)

Peppa La Cerdita (Peppa Pig)

Tip: Try typing "in Spanish" or "en Español" after your favorite show on a search engine. Many movies and shows on streaming platforms like Disney+ or Netflix will have the option to change the language into Spanish

READ AND LEARN ABOUT HISPANIC/LATINO HISTORY, CELEBRATIONS, AND AGRICULTURE

Examples:

Día De Los Muertos/Day of the Dead (November 1-2)

Día de la Raza/Columbus Day (October 12)

Research Latino/Hispanic inventors and their inventions

Research what crops are grown in Mexico

Who are some of the most influential Latino or Hispanic Americans?

What is a Quinceañera?

CONNECT (CONÉCTATE)

MAKE A PIÑATA

Learn about the Piñata. When was it invented and why? Try to make your own!

Here's a helpful tutorial:

Piñata Tutorial

LEARN TO DANCE

With your troop, family, and friends, learn how to dance Salsa, Merengue, Rumba, Mambo, or Bachata, by using YouTube, or going to a dance lesson. Learn its origins and which culture influenced the dance. Here are some fun dances to get you started!

1,2,3
by El Simbolo

Bidi Bidi Bom Bom
by Selena

EXPLORE THE FLAG

Explore the flags of Latin America and Mexico. Pick one that you like most and learn to draw or paint it!

LEARN THE GIRL SCOUT PROMISE IN SPANISH

La Promesa de Girls Scouts

Por mi honor yo trataré

De servir a Dios y
a mi patria,

Ayudar a las personas
en todo momento,

Y vivir conforme a la Ley
de Girl Scouts.



FIND THE LATIN AMERICAN COUNTRIES IN THE WORD SEARCH.

D N I C A R A G U A P R P J B J N
R O L R P A N A M A L G A M E K V
H L M H K J M U B H E B R G L M E
U W E I Z E J R R C F S A E I Y N
K M B V N V R U A E H A G H Z A E
A N E W B I Y G Z C F X U I E V Z
R G L X Q B C U I J R E A K R A U
G T S R I L G A L N Y L Y Q F N E
E E A E H C W Y N M K I L A D A L
N J L H G B O Q V R M H G G A C A
T O V K E Y I S H Z E C U A D O R
I G A P L J S X T E N P Z N P L M
N T D V W R H K P A B Z U F L O E
A H O N D U R A S B R P M B M M A
G N R M E T H K O B N I B E L B B
U G A B P U E R T O R I C O H I U
P E R U Z G U A T E M A L A R A C

Mexico

Costa Rica

Brazil

Ecuador

Belize

Guatemala

Paraguay

Uruguay

Cuba

Puerto Rico

Bolivia

Dominican
Republic

Honduras

Panama

Argentina

Nicaragua

Colombia

Chile

El Salvador

Venezuela

Peru

CHECK OUT A FESTIVAL

Attend a local Latino Heritage Festival or any Latino/Hispanic events and enjoy the delicious traditional food, music, authentic arts, and crafts.

TAKE ACTION (TOMA ACCION)

SUPPORT LOCAL LATINO/HISPANIC BUSINESSES!

Visit a food truck, ice cream shop (paleteria), or a grocery store and try a new food! For those with a sweet tooth, be sure to try some pan dulce (sweet bread) and paletas (popsicles).

GET INVOLVED

Connect with a local organization that serves the Latino/Hispanic community to learn more on how you can get involved!

LET'S GET TOGETHER

Plan a party with your troop, friends, or family and enjoy some traditional recipes! We've included some below for you to try. Don't forget, you need an adult's help in the kitchen!

SHARE WHAT YOU LEARN

Create a poster with vibrant colors, pictures, and information of everything you've learned about the Latino/Hispanic cultures. Have fun sharing it with your family and friends.

MEXICAN RICE

1 cup of rice
3 Roma tomatoes
½ small onion
1 garlic clove
3 tbsp. of oil
1 tsp. of chicken bouillon
2 tsp. of tomato bouillon

In a blender add 1 garlic clove, 3 Roma tomatoes, ¼ of a small onion, and ½ cup of water. Blend well. *You can also substitute this step with 1 can of tomato sauce.*

Rinse one cup of rice.

In a pan, heat some oil. After it is heated, add some rice and ¼ of an onion and fry it until the rice gets a little brown color. Don't let it burn too much.

Pour the sauce you made onto the pan with the fried rice along with 1 ½ cups of water.

Add 1 tsp of chicken bouillon and 2 tsp of tomato bouillon.

Mix it until it comes to a boil and cover it and let it cook in low heat for 15-20 minutes.

Tip: Once it is done, let it sit for 5-10 minutes before serving, so it can get nice and fluffy.

AREPAS

1 ½ cup white corn flour
1 ½ tbsp. butter
¾ cup shredded mozzarella cheese
¼ cup salted cheese or feta (any salted cheese works)
13 oz. warm water (+ required quantity)
6 to 8 slices mozzarella
salt

In a big bowl, add your white corn flour and a little bit of salt. Mix and stir with your hands and start to integrate the warm water. Gradually stir with your hands the ingredients until the mixture forms a soft, moist, and malleable dough.

Add the butter to the dough and continue to stir with your hands until it is fully integrated in the dough.

Then add the shredded mozzarella cheese to the dough and stir with your hands.

Add the salted cheese or feta cheese to the dough and continue to mix and stir the dough.

If you see that the dough is a little hard or is beginning to harden, add a little water to get your perfect consistency.

Keep mixing until your dough is ready and soft.

Form dough into a 2-inch diameter balls, flatten each ball into a ¾" thick patty. If your hands or the dough begin to stick, add water to your hands to make it easier in forming the ball.

Heat butter in a skillet over a medium low heat. Fry in batches until golden brown, about 5-7 minutes or as necessary. Cool on a paper towel lined plate.

While it is still warm, slice open and fill with cheese. Warm it up on the stove for about 2 minutes and enjoy! Enjoy!

GUACAMOLE

3 avocados
½ onion, diced
1 tomato, diced
½ cup cilantro, chopped
1-2 serrano chiles, diced, optional
½ tbsp. salt
2 limes, juiced

In a large bowl, mash the avocados until smooth. Stir in remaining ingredients.

Serve with tortilla chips.